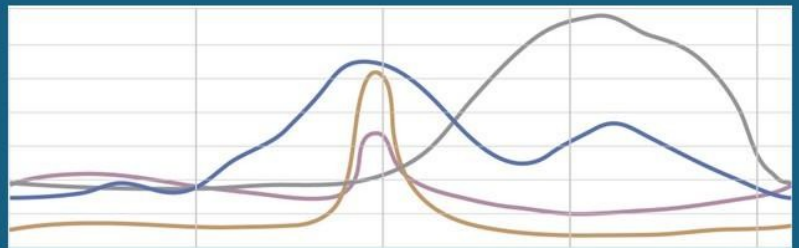


International Scientific Conference „The Fertility Code: From Existential Meaning to Health Literacy“



3rd of October 2026
Aula Magna
Vytautas Magnus University
Lithuania

CONTENTS

1. About the Conference	1
2. Programme — 2–4 October 2026	2
3. Scientific & Organizing Committees	3
4. For Authors & Registration	4
5. Visiting Lithuania	5
6. Getting to Kaunas	6
7. Holy Mass in Kaunas Old Town	7
8. Accommodation in Kaunas Old Town	8

ABOUT THE CONFERENCE

Conference Goal

Fertility is not merely a biological function or a “technical” process — it is a fundamental part of a person’s identity, health, and the continuity of life. The aim of the conference is to challenge the prevailing narrow view of fertility and present it as a key to women’s holistic health and family strengthening, while identifying systemic gaps in education.

Fertility illiteracy is not accidental — it is a systemic gap exploited by commercial interests. This conference invites specialists, parents, and policymakers to restore women’s right to understand their own bodies and families’ right to be the primary transmitters of values and knowledge.

Main Thematic Sessions

1. Understanding Fertility: The Existential and Anthropological Dimensions

Topic: Fertility as a gift, not a burden. Accepting cyclicity as the foundation for harmony with one's nature.

Objective: To reveal how understanding the body transforms a woman's self-perception, dignity, and relationship with life.

2. The Biological Mirror: Understanding Fertility as a Diagnostic Tool and Health Literacy

Topic: The female cycle – the fifth vital sign (The 5th Vital Sign).

Objective: To present scientific evidence on how fertility observation aids in early diagnosis of endocrine disorders; to critically discuss how pharmaceutical and reproductive industry interests exploit the public's lack of knowledge; to explain the role of nutrition in maintaining hormonal balance.

3. Understanding Fertility as the Foundation of Sexuality Education: The Role of the School and the Family

Topic: The family as the primary educational space: the role of parents in children's sexuality education, the mother–daughter bond, chastity, and marriage preparation.

Objective: To discuss why the family is the primary setting for natural and safe fertility education; to examine systemic gaps in school curricula and teacher training.

PROGRAMME — 2–4 OCTOBER 2026

Friday • 2nd October

15:00	Registration
16:00	General Assembly — opening & working session
18:00	 Dinner & formal opening of the General Assembly
19:00	Presentations

Saturday • 3rd October — Scientific Conference

08:30 – 09:00	Registration
09:00 – 09:30	Conference Opening
09:30 – 12:00	I Plenary Session
12:00 – 12:30	 Coffee Break
12:30 – 14:30	II Plenary Session

14:40 – 15:40	 Lunch
15:40 – 17:40	III Plenary Session
17:20 – 18:00	Panel Discussion & Conference Closing
Sunday • 4th October	
08:30	Presentations, group work & discussion
12:00 – 13:30	 Cultural programme / free time
13:45	 Joint lunch & General Assembly Closing

EIFLE General Assembly Board Meeting — via Zoom (online)

Those joining in person do not need to register separately. If you wish to join remotely via Zoom, please email: ingrida.jazgeviciene@vdu.lt

Patron of the Conference

His Excellency Archbishop Metropolitan dr. Kęstutis Kėvalas

Grand Chancellor of the Faculty of Catholic Theology, VMU

Conference Organizers

- Faculty of Catholic Theology, Vytautas Magnus University
- European Institute For Family Life Education
- Kaunas Archdiocese Family Center

SCIENTIFIC & ORGANIZING COMMITTEES

Scientific Committee

President	Rev. Prof. dr. Andrius Narbekovas, VMU
Vice-President	dr. Yolanda Fernández, President, European Institute for Family Life Education, Spain
Members	Prof. dr. René Ecochard, University Claude Bernard, Lyon, France
	Prof. HP. Elzbieta Osewska, University of Applied Science, Tarnow, Poland
	Prof. dr. Danielius Serapinas, Lithuanian Health Science University

Organizing Committee

President	Prof. dr. Birutė Obelenienė, VMU
Vice-President	Assist. Prof. Benas Ulevičius, VMU
Members	Assist. Prof. Aušra Vasiliauskaitė, VMU
	Dr. Vilma Šliužaitė, VMU
	Dr. Gabrielius Klimenka, VMU
	Ingrida Jazgevičienė, VMU

Conference Secretariat

Faculty of Catholic Theology, Vytautas Magnus University

Gimnazijos g. 7, 44260 Kaunas, Lithuania

Tel./Fax: +370 37 32 34 77

Email: ingrida.jazgeviciene@vdu.lt | renata.zilinskaite@vdu.lt

FOR AUTHORS & REGISTRATION

Information for Authors

Abstract deadline	29th of May 2026 (max. 200 words, in English)
Abstract approval	By 31st of May 2026
Slides submission	By 7 September 2026
Presentation time	25 minutes (plenary session)
Biography	Max. 100 words + photograph

Conference Fee & Registration

Early bird (until 15 July 2026)	EUR 50
Standard (from 16 July 2026)	EUR 60
Registration deadline	7 September 2026
Cancellation	Full refund minus EUR 10 admin fee if cancelled by 21 Sept 2026. No refund after this date.



Register here: <https://forms.gle/3LGt4sGQNmmSMUTp7>

VISITING LITHUANIA



Currency

Euro (EUR). ATMs widely available throughout the city.



Visas

Lithuania is part of the Schengen Area. Check visa requirements for your country before travelling.



Electricity & Plugs

Type C / Type F (Schuko) — standard European round 2-pin plugs. 230V / 50Hz. UK and US visitors will need an adaptor.



Driving

Drive on the right. Speed limits: 50 km/h in city, 90 km/h on roads, 130 km/h on motorways.



Weather in October

Expect 6–14°C. Rain is common — bring layers, a warm jacket and waterproofs. Days are short (sunrise ~7am, sunset ~6pm).



Tourism info

visitkaunas.lt | lithuania.travel

✈ GETTING TO KAUNAS

From the Airport

Lithuania has three international airports. Choose the one most convenient for your journey:

✈ Vilnius Airport (VNO)

Public Transport: [Public transport options](#)

Train: [Train connections to Kaunas](#)

Other ways: [Taxi, shuttle, car rental](#)

Bus from Vilnius station: autobusubilietai.lt/en

✈ Kaunas Airport (KUN)

Public Transport: [Bus routes to Old Town](#)

Other transport: [Taxi & shuttle options](#)

Car rental: [Car rental at Kaunas Airport](#)

✈ Palanga Airport (PLQ)

Public Transport: [Buses to Kaunas](#)

Other ways: [Taxi & other options](#)

Car rental: [Car rental at Palanga Airport](#)

Bus from Palanga/Klaipėda station: autobusubilietai.lt/en

From Kaunas Bus Station to Old Town

Follow the direction of Kaunas Castle. Take buses No. 23, 46, 57 or trolleybuses No. 5, 7.

City Public Transport

Single Ticket

1 EUR (pay driver exact amount)

Valid until last stop of the route.

Kaunas City Card (e-ticket)

1.50 EUR (reloadable electronic card)

Available at Narvesen, Maxima, post offices.

 Navigation: [Google Maps](#) or download the
Trafi app

 Ticket types & concessions: kvt.lt



HOLY MASS IN KAUNAS OLD TOWN

All churches listed below are within walking distance of the conference venue. Times are listed for Saturday 3 October and Sunday 4 October.

⚠ Saturday 3 October — before conference (registration from 08:00)

Two churches offer Mass before 9 am: St. Nicholas Benedictine Church (Benediktinių g. 8 — closest to the conference venue) and the Cathedral Basilica of Ss. Peter & Paul (Vilniaus g. 1) — both at 08:00.

Church	Address	Saturday	Sunday
Cathedral Basilica of Ss. Peter & Paul (Arkikatedra bazilika)	Vilniaus g. 1	8:00 , 9:00, 18:00	8:00, 9:00, 10:30, 12:00, 13:30, 18:00
St. Francis Xavier — Jesuit Church (Šv. Pranciškaus Ksavero, jėzuitų)	Rotušės a. 8	10:00	10:00, 17:00, 18:30 (EN), 20:00
St. George the Martyr — Franciscan (Šv. Jurgio Kankinio, pranciškonų)	Papilio g. 7	10:00	10:30, 17:00
Assumption of Mary — Vytautas Church (Švč. M. Marijos Ėmimo į dangų)	Aleksoto g. 3	10:00	10:00, 12:00, 18:00
St. Nicholas — Benedictine Church (Šv. Mikalojaus, benediktinių) closest to venue	Benediktinių g. 8	8:00	10:00, 18:00
Holy Trinity — Seminary Church (Švč. Trejybės, seminarijos)	Rotušės a. 22	—	10:00

★ **Mass in English every Sunday at 18:30 at the Jesuit Church (Rotušės a. 8).**

Full Mass schedule: kaunoarkivyskupija.lt/misios-kaune



ACCOMMODATION IN KAUNAS OLD TOWN

All options below are located in or near Kaunas Old Town. Early booking is strongly recommended.

Daugirdas Hotel ★★★★★

Standard double room — 68 EUR/night

Standard double room with breakfast — 78 EUR/night

Amberton Cozy Hotel Kaunas ★★★★★

Standard double room — 70 EUR/night

Standard double room with breakfast — 80 EUR/night

Berman House ★★★

Standard single room — 55 EUR/night

Standard double room — 70 EUR/night

☎ +370 37 366660 ✉ info@bermanhouse.lt

No catering; local cafes recommended nearby.

Private Family Apartments

Single room — 40 EUR/night

Double room — 50 EUR/night

2-room apartment (2 people) — 60 EUR/night

2-room apartment (3 people) — 70 EUR/night

2-room apartment (4 people) — 80 EUR/night

☎ +370 687 90247 ✉ r.speicys@gmail.com

Additional options available on [Booking.com](https://www.booking.com) — search 'Kaunas Old Town' for more results.

Faculty of Catholic Theology • Vytautas Magnus University • Gimnazijos g. 7, Kaunas, Lithuania

ingrida.jazgeviciene@vdu.lt | +370 37 32 34 77